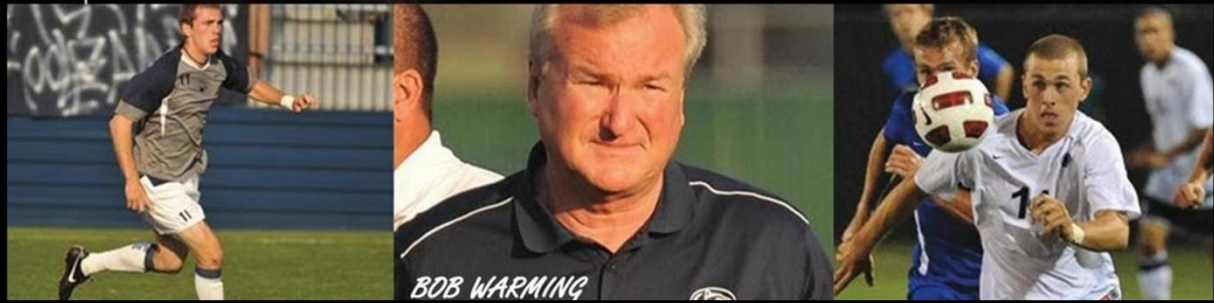


PENN STATE MEN'S SOCCER ACADEMY



TEXAS EXTENSION ACADEMY by JATO/one. in Fort Worth



www.pennstatemenssocceracademy.blogspot.com

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In this welcome packet is everything you need to know to prepare for your Academy Experience... the packet is broken up into 2 parts: Advanced Academy which includes Residential, Commuters, and Goalkeepers.

Resident (Field players and GK's)

Follow entire schedule

Commuters (Field Players and GK's)

Arrive each morning at 8:15am at McNair Stadium at All Saints. Check-In on Day 1 at the Courtyard Marriott Hotel between 1pm-3pm and will eat dinner and participate in evening session.

*All Commuters MUST be picked up from the Hyatt Place Cityview Hotel at 9:45pm

Checklist

-Things to bring item list per player

-Payment in full

-\$75 Security Deposit made payable to JATO Athletics or pay by Credit Card

*Security Deposit is for Residents ONLY

-Medical Release and Liability Form

*Email to jato@jatoathletics.com or Fax to 214-635-5907

-Player Information and Sizing Sheet

*Email to jato@jatoathletics.com or Fax to 214-635-5907

All Academy participants must be paid in full prior to the beginning of THE Academy Week and must have turned in security deposit.

Welcome and thank you for registering for the Penn State Men's Soccer Academy by JATO/one. Your experience will not only be unique but incredibly dynamic and exciting. The innovative college curriculum will be challenging and cutting edge where learning and teaching takes center stage. We look forward to getting the most out of you with a focus not only on technique and tactics, but giving you the confidence and ability to take the necessary risks for maximal development. It is our goal that you will walk away with the most intense, rewarding soccer experience that you have ever been a part of.

Medical Consent

As the parent/legal guardian of:

Name of Player: _____

I request that in my absence the above-named player be admitted to any hospital or medical facility for diagnosis and treatment. I request and authorize physicians, dentists, and staff, duly licensed as Doctors of Medicine or Doctors of Dentistry or other such licensed technicians or nurses, to perform any diagnostic procedures, treatment procedures, operative procedures and x-ray treatment of the above minor. I have not been given a guarantee as to the results of examination or treatment. I authorize the hospital or medical facility to dispose of any specimen or tissue taken from the above-named player.

Date of birth: _____ Date of last Tetanus Booster: _____

Allergies: _____

Other Medical Conditions: _____

Player's Physician: _____ Phone #:() _____

Name of Parent/Guardian: _____

Street Address: _____ City: _____ State: _____

Zip Code: _____ Phone # H:() _____ Work #:() _____

Person responsible for charges (if different from above) _____

Street Address: _____ City: _____ State: _____

Zip Code: _____ Phone # H:() _____ Work #:() _____

Person to notify if parent/guardian is unavailable: _____

Street Address: _____ City: _____ State: _____

Zip Code: _____ Phone # H:() _____ Work #:() _____

Medical and/or Hospital Insurance Co _____ Phone #: _____

Policy Holder _____ Policy Number _____

Signature of Parent /Guardian: _____ Date: _____

Liability Release and Medical Authorization

The above named athlete _____ is in good health and has my permission to participate in any and all JATO, Penn State, and one. programs. I grant permission for my child to receive emergency treatment. I hereby release for myself and my child JATO Athletics/Penn State/one. and their affiliates, and all of their coaches, employees, officers, directors, agents, officials, volunteers, sponsors and owners of the facility from and against any liability claims or demands for an injury, illness or death incurred at or arising by virtue of participation in the JATO/Penn State/one. event. I also hereby, for myself and my child assume complete financial responsibility for any personal injury or property damage created as a result of an intentional or negligent act of my child while he or she is participating in the JATO/Penn State/one. event. I understand JATO/Penn State/one. retains the right to use for promotional purposes any pictures/videos taken.

As parent or guardian, I acknowledge that I have read and fully understand this liability release and medical authorization.

DATE _____

PRINTED NAME _____

SIGNATURE _____

PLAYER INFORMATION

Player Name _____

Field Player _____ or Goalkeeper _____

Roommate _____

Training Gear Sizing

Training Top _____

Training Shorts _____

Ball Size _____

*Option to buy a ball

*Players will receive a training kit which includes a training top, training shorts, and socks.

*Laundry facilities will be made available

*Please bring enough training gear for 4 days of training.

*PLEASE EMAIL **MEDICAL CONSENT/LIABILITY RELEASE/PLAYER INFORMATION/SIZING**
TO JATO@JATOATHLETICS.COM or FAX TO 214-635-5907 UPON RECEIPT

What to Bring – Resident

Ball (U9-U12 use Size 4 and U-13 and up use Size 5), Shin guards, Cleats, Indoor Shoes, Running Shoes, Bathing Suit, Towels, Sunscreen, Water Bottle/Jug, Spiral Notebook and Pen, Camera, Laundry Bag, Toiletries, Soap, Shampoo, Toothpaste/Toothbrush, Deodorant, Light colored training shirts, practice gear for 4 full days of training, socks, extra clothes to wear around dorms, spending money for Academy Bucks for Academy store and pizza

What to Bring – Commuter

Ball, Shin guards, Cleats, Indoor Shoes, Running Shoes, Bathing Suit, Towels, Sunscreen, Water Bottle/Jug, Spiral Notebook and Pen, Camera, Academy Bucks for Academy store

What to Bring – Goalkeepers

Ball, Shin guards, Cleats, GK gloves, long sleeve shirt, GK pants/shirt, Indoor Shoes, Running Shoes, Bathing Suit, Towels, Sunscreen, Water Bottle/Jug, Spiral Notebook and Pen, Camera, spending money for Academy Bucks for Academy store

Check-In / Check-Out Procedures

Resident/Commuter/Goalkeeper

Sunday, June 10th @ Marriott Courtyard Fort Worth West at Cityview

STATION #1 – Check-In – Player Packet, Check-List, and Medical/Liability Forms

STATION #2 – Medical Athletic Trainer

STATION #3– Ordering Academy Bucks / Pizza / Photo Pre-Order

*Academy Bucks are nonrefundable

*Security Deposit is \$75 made payable to JATO Athletics or you can pay by Credit Card

STATION #4 – Authorization Form – Payment

***Once the players go through the check-in stations they will then head to the boy's hotel to receive their room assignment and key.... Hyatt Place Fort Worth which is located right down the access road.

Detailed Hotel Information Below...

Facility Information (Maps/Parking)



CHECK-IN LOCATION

Courtyard Marriott CityView Fort Worth

6400 Overton Ridge Blvd, Fort Worth, TX 76132

<http://www.marriott.com/hotels/travel/dalsw-courtyard-fort-worth-west-at-cityview/>



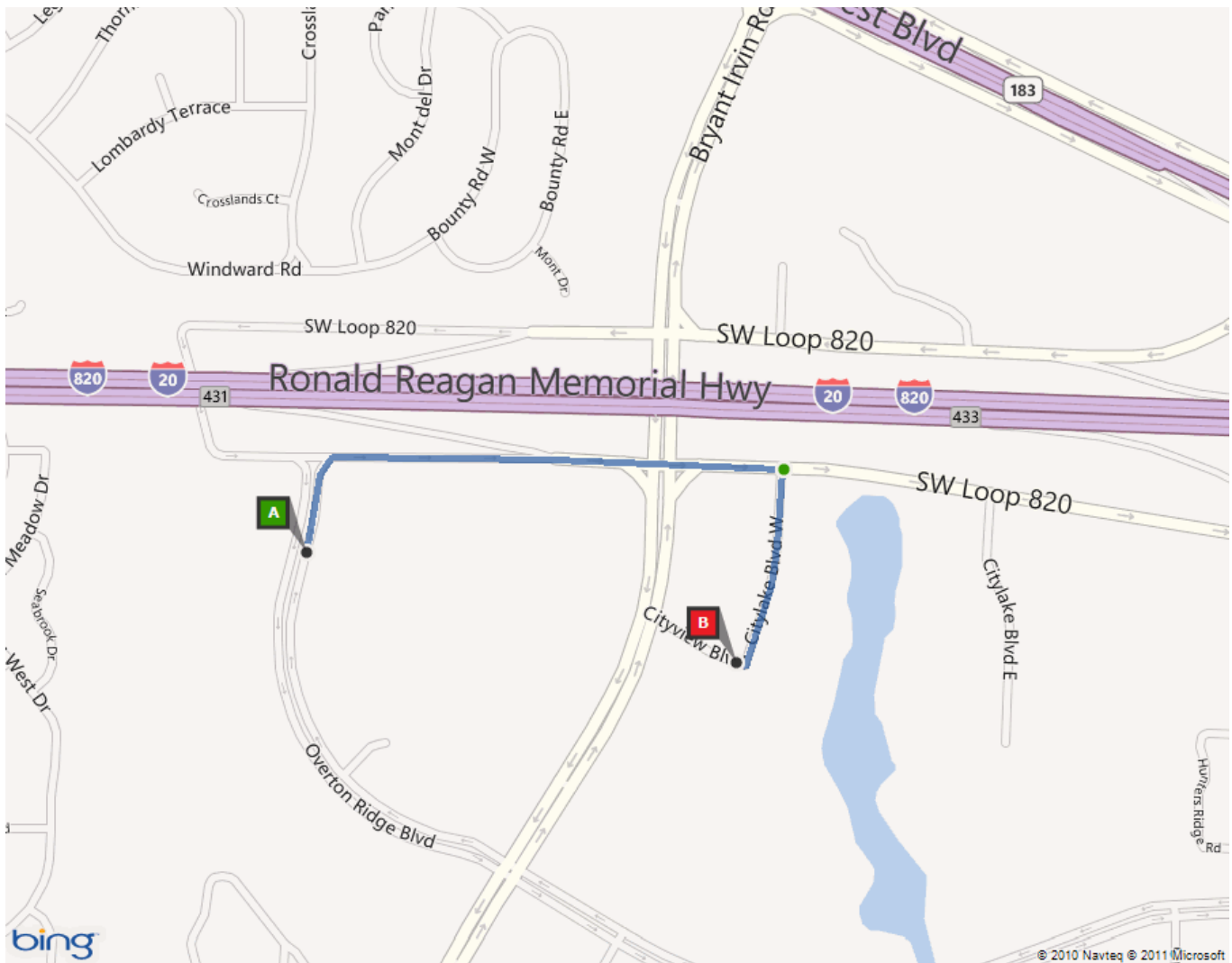
HOTEL INFORMATION

Hyatt Place Fort Worth/CityView

5900 Cityview Blvd., Fort Worth, TX 76132

http://fortworthcityview.place.hyatt.com/hyatt/hotels-fortworthcityviewplace/place/index.jsp?src=agn_mls_hp_lclb_blocal_dfwzc&hyattprop=yes

See Next Page for Directions...



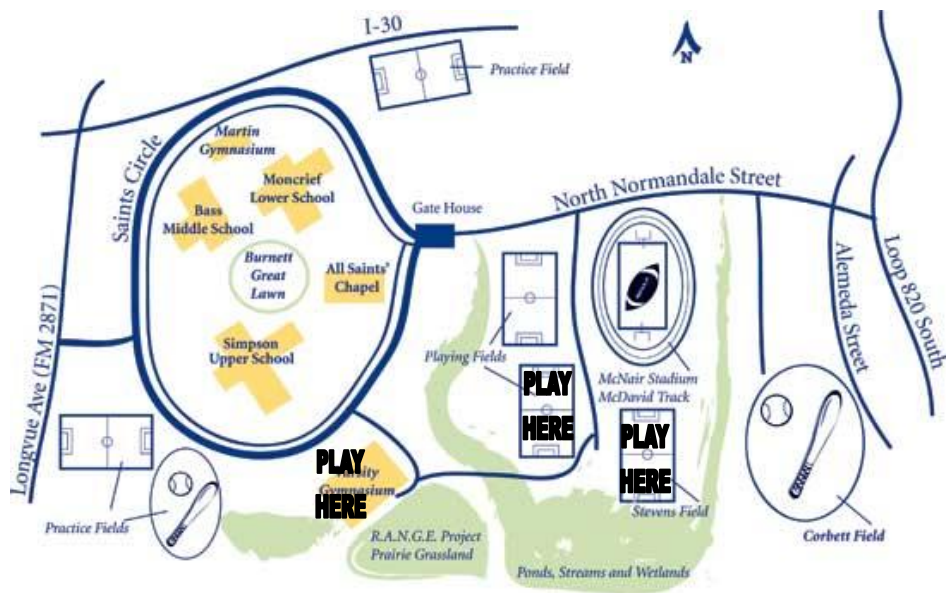
TRAINING FACILITY

All Saints Episcopal School

9700 Saints Circle, Fort Worth, TX 76108

<http://www.asesftw.org/podium/default.aspx?t=131551>

**Those who drive themselves to THE Academy will be required to turn their keys in to Academy staff for the duration of camp.



Advanced Academy Daily Schedule

See example of daily schedule below. The resident participants will follow entire schedule. The commuter participants will arrive each morning at McNair Stadium at 8:15am and will be picked up at the Hyatt Place Hotel after the evening session.

PENN STATE MEN'S SOCCER ACADEMY by JATO/one. Texas 2012 Satellite Academy

Penn State Men's Soccer Academy Day 1 - June 10th

Check-In/Registration @ Marriott Hotel	1:00pm-3:00pm (RESIDENTS & COMMUTERS)
Players need to be in lobby of Hyatt Place	4:00pm (RESIDENTS & COMMUTERS)
Welcome	4:15pm
Dinner	5:00pm
Meet in Lobby	6:45pm
Bus departs for Training	7:15pm
Evening Session	7:30pm
Bus departs for Hotel	9:30pm (RESIDENTS & COMMUTERS)
Commuters Picked up at Hotel	9:45pm (COMMUTERS)
Lecture/Rules	10:00pm (RESIDENTS ONLY)
Lights Out	10:45pm

Typical Daily Schedule

Wake-Up	7:00am
Breakfast	7:15am
Meet Groups in designated area	8:00am (RESIDENTS)
Bus departs for Training	8:15am
Commuters Meet at McNair Stadium	8:15am (COMMUTERS)
SoccerSize (Running Shoes/Flats)	8:30am
Break	9:30am
Dynamic Warm-Up	10:00am
Dribbling Session	10:30am-11:45am
Technique Session	11:45am-1:00pm
Bus departs for Hotel	1:00pm
Lunch	1:15pm
Meet Groups in designated area	3:00pm
Bus departs for Training	3:15pm
Tactics	3:30pm-4:15pm
Going for Goal	4:30pm-5:45pm
Bus departs for Hotel	6:00pm
Dinner	6:15pm
Meet Groups in designated area	7:30pm
Bus departs for Training	7:45pm
Evening Matches	8:00pm
Bus departs for Hotel	9:30pm (RESIDENTS & COMMUTERS)
Commuters Pick-Up at Hotel	9:45pm (COMMUTERS)
Bring Uniforms w/ Laundry Loop	10:15pm
Lights Out	11:00pm

Final Day Schedule – June 14th

Wake-Up	7:00am
Breakfast	7:15am
Meet Groups in designated area	8:00am (RESIDENTS)
Bus departs for Training	8:15am
Commuters Meet at McNair Stadium	8:15am (COMMUTERS)
SoccerSize (Running Shoes/Flats)	8:30am
Break	9:30am
Dynamic Warm-Up	10:00am
Small-Sided Games	10:15am
Closing Remarks	11:45am
Bus departs for Hotel	12:00pm
Meet with Coach for Check-Out	12:15pm (RESIDENTS & COMMUTERS)

****SUBJECT TO CHANGE***

Training Gear

All Academy Participants will receive a complete training kit complete with training top, shorts, and socks. All players are required to wear the Academy training kit to all sessions – laundry services will be made available.

Multimedia

Sessions will be filmed and interviews will be coordinated with select Academy participants. Daily Video Updates will be uploaded during the program. Academy still photographs will also be taken and available for purchase along with a complete Academy group photo. JATO/Penn State/one. retains the right to use for promotional purposes any pictures/videos taken.

Dining Services

Resident	Breakfast, Lunch, and Dinner
Commuters	Lunch and Dinner

All meals will be catered to the nutritional requirements of an elite athlete. A menu will be carefully created to help maximize the performance of each player. Our goal is to provide an innovative dining experience that embodies THE Academy experience.

Hydration

Water will be available at all times throughout the day and night. Water Stations will be located all over the field and in the hotel. It is very important that THE Academy week participants properly hydrate themselves on a regular basis during their Academy experience. It is important the week prior to THE Academy to start acclimating yourself to the heat/humidity by drinking plenty of water. During your time at THE Academy you need to drink 16/32 oz. before, during, and after each training session. Your body will lose fluid at an increased rate and you need to replace those fluids more often. No caffeine and no carbonation!

Academy Store

Spending Money – Academy Bucks (non-refundable)

All Academy participants will have to purchase Academy Bucks in order to purchase items, snacks, drinks, Penn State gear, etc. at the Academy Store. Academy Bucks will also be needed to purchase pizza. Academy participants can purchase Academy Bucks during registration at check-in. Academy Bucks will also be available at the Pizza Station on a daily basis. Cash, Checks or Credit Cards are accepted to purchase Academy Bucks.

Facebook & Twitter Updates

Facebook updates at www.facebook.com/jatoathletics

Follow us on Twitter at www.twitter.com/jatoathletics

Staff

Penn State Men's Soccer Academy by JATO/one. is a training experience that is second to none due to the outstanding level of its coaches. Our WORLD CLASS staff has made us a TOP NOTCH leader in Player Development across the United States. Our staff comes from all over the world and is carefully selected to teach and paint perfect pictures for these up and coming young footballers.

Expectations

Players are expected to behave in a manner befitting a serious soccer athlete. Every participant is expected to act in a way that shows respect for themselves, the facilities, the Academy staff and other campers. The Penn State men's Soccer Academy is designed to allow everyone to grow in the game on and off the field while achieving their individual goals. Our staff will work hard to provide the absolute best experience to each and every participant. And we expect each and every camper to give everything they have while training, to play for the enjoyment and love for the game of soccer, and to respect the game and all those around them.

Athletic Trainer/s

A certified Athletic Trainer will be available at ALL times throughout the day and night at the fields and in the dorms. Athletic TRAINER AND MEDICAL Assistant contact numbers will be provided upon check-in at Station #2.

More Information

Helen Gray – JATO Administrator

helengray@jatoathletics.com

Kristina Diaz – JATO Sports Operations Director

kristina.d@jatoathletics.com

Penn State Men's Head Coach - Bob Warming

rew23@psu.edu

JATO/one. Director – Jay Fitzgerald

jay@jatoathletics.com

JATO/one. Director – Jeff Johnson

coachjj627@yahoo.com

Emergency Contact Numbers

Kristina Diaz – Onsite Administrator 817.504.1738

Helen Gray – JATO Administrator 817.460.JATO (5286)

Security/Parents

The Academy participants will be supervised 24 hours a day with our full time staff. No parents will be allowed up in the players rooms once the Academy has begun which is after check-in. They can meet in the lobby if items need to be dropped off. Parents may come to the training sessions to observe the training but cannot be on the field.